

*Aug. 5 at 5:30 p.m. at the high school.*

Providers for Perkins County Health Services have graciously agreed to provide free athletic physicals on Thursday, Aug. 5 to students who require it for participation in Perkins County School activities.

Physical forms and required questionnaires will be available on the school district's website, at the Grant Medical Clinic and the middle school and high school offices during July.

It will be the student's and parents' responsibility to have the first page completed with a parent's signature when they arrive for physicals on Aug. 6.

Physicals will begin at 5:30 p.m. at the high school and will be given on a first come, first served basis.

Students are asked to drink plenty of water during the day before the physical in order to be hydrated for urinalysis.

If a student is unable to attend on this date they will have to schedule their own physical prior to the start of athletic practice at their own expense.

