

A long while back you may recall a recipe that I put in the paper called Chocolate Molten Lava Cakes. This recipe was by the request of an old colleague and friend. And no Dave, by that statement I am not implying that you are old. Oops!

As this particular friend requested the Lava Cake recipe, he has also been generous enough to share with me a masterpiece of his own. Since moving to the eastern half of the state he has since taken on the role of stay at home dad, a role that deserves much credit! Apparently while attempting to find a meal that one of his children would eat, he came up with the following recipe. I would have to say it is both kid and adult friendly and sounds delicious!

Thanks for sharing, Dave, and we miss you on the west side. Come back and visit soon.

PB & J French Toast

2 slices bread

1 egg

1 tbsp. milk

1 tsp. cinnamon

pinch of salt

1 tbsp. jam

2 tbsp. peanut butter

Mix egg, milk, cinnamon and salt. Make a PB & J sandwich with the two slices of bread, 1 tbsp. peanut butter on each slice of bread, then the jelly between. Dip sandwich in the egg mixture. Brown both sides for two minutes in a skillet and top with powdered sugar.