

Parenting is full of surprises—some pleasant, some frustrating and some painful.

“Common Sense Parenting” will be offered on Mondays, Nov. 1, 8, 15 and 22 at Heartland Counseling in Ogallala, 401 West 1st Street.

The program will help parents develop stronger relationships with their children and prevent many of the behavior problems that lead to difficulties at home and school.

Practical techniques, guidelines and suggestions will be taught and practiced. This class is ideal for parents with children from three to 16 years old.

Pre-registration is required. Call Heartland Counseling at 284-6767 for more information or to register.

Class is limited to the first 20 registrations.