

Program to provide cancer patients help with their changing appearance during treatment offered in Ogallala.

The American Cancer Society, in conjunction with Ogallala Community Hospital, will be holding a free program called Look Good...Feel Better offered to cancer patients in the Ogallala area.

Look Good...Feel Better is a program that teaches beauty techniques to women cancer patients in active treatment to help them combat the appearance-related side effects of cancer treatment.

The class will be held on July 18 at 10:30 a.m. at the Ogallala Community Hospital. For more information or to register for a class, please call the Ogallala Community Hospital Specialty Clinic at 308-284-7230.

Look Good...Feel Better group programs are offered nationwide in comprehensive cancer centers, hospitals, American Cancer Society offices and other community settings. In these sessions, Look Good...Feel Better trained, volunteer cosmetologists teach women how to cope with skin changes and hair loss using cosmetics and skin care products donated by the cosmetic industry.

The free cosmetic kits provided at these group sessions are valued at over \$200 each and are available in light, medium, dark and extra dark shades to enhance all complexion types. Women also learn ways to disguise hair loss with wigs, scarves and other accessories.

For information on other Look Good...Feel Better programs or to find out how to volunteer in community, contact Jill Koch from the American Cancer Society at 308-237-1631 or by e-mail at Jill.Koch@cancer.org. More information on American Cancer Society programs and services can also be found at www.cancer.org or www.lookgoodfeelbetter.org.