

The holidays are a good time for family caregivers returning home to tune into the signs that an older adult may need extra help to remain safe at home.

To learn more about those signs, register for the free Home for the Holidays web conference, moderated by a representative from the Home Instead Senior Care® network, hosted by the American Society on Aging (ASA), and co-sponsored by the National Family Caregivers Association (NFCA) and the National Alliance for Caregiving (NAC).

The hour-long web conference will be available in the U.S. and Canada, and offered on Monday, Dec. 5, at 6 p.m. MT. To register, go to [www.caregiverstress.com/familyeducation](http://www.caregiverstress.com/familyeducation).