By Jan Rahn
Managing Editor

Just in time for fall, a new cookbook is on sale providing some new recipes for feeding hungry athletes, comfort foods for cold weather, and dishes for holiday entertaining along with lots of year-round selections.

A group at Perkins County Health Services calling themselves the “Morale Committee” is behind the publication. They are raising funds for future projects because they are the employees who make a conscious effort to boost the morale and show appreciation for fellow employees.

Members of the group have had a great time seeking recipe contributions for their cookbook which went on sale Sept. 1. From November 2008 until May 2009, recipes were gathered from staff and friends for the project whose proceeds will mostly support and benefit the Morale Committee’s efforts.

The rest of the proceeds will go to the Perkins County Health Services Foundation to be used for the enhancement of local health services through the purchase of medical equipment and local medical loans and scholarships.

Members of the Morale Committee include Shaun Meyer who is Hi Line Home Health’s director, Shari Anderson who is director of Hugs and Teddy Bears day care, Candace Van Velson who serves as payroll clerk, housekeeping supervisor Bonita Ogier, and foundation administrator Ron Patrick.

The Morale Committee has ongoing projects throughout the year which demonstrate to staff they are valued and appreciated.

The committee personally signs greeting cards for birthdays and employment anniversaries, acknowledging the contributions made by approximately 180 staff.

At holiday time they provide goodies and hold gift drawings. Valentine’s Day and Halloween are other fun holiday opportunities to spoil the staff with candy and appreciation.

The cookbooks carry the slogan, “All You Add Is Love” with a patriotic padded hard cover. The recipes are compiled in eight categories: appetizers and beverages, soups and salads, vegetables and side dishes, main dishes, breads and rolls, desserts, cookies and candy, and “this and that.”

There are other fun features to the book such as helpful hints and a convenient plastic cookbook holder stored inside the front cover.

Anyone wishing to purchase a book for $12 may contact a member of the Morale Committee or foundation administrator Ron Patrick.