Seasonal flu is a different strain than the H1N1 influenza, and it's important to get a seasonal flu shot also.

Those who get a seasonal flu shot still need to get vaccinated for H1N1. Each requires a separate vaccine.

Influenza is a virus that infects the nose, throat, windpipe and lungs. The virus is highly contagious and is spread by coughing, sneezing or talking.

Typical symptoms of seasonal influenza include fever, chills, muscle aches, congestion, cough, runny nose and difficulty breathing.

Clinics will charge for the seasonal flu vaccine because it is purchased from drug manufacturers, unlike the H1N1 vaccines that are regulated by the federal government and distributed free, based on population.