

By Jan Rahn

Managing Editor

In an effort to check on, monitor, or improve the health of area residents, Perkins County Health Services will host their annual health fair.

Friday and Saturday, April 19-20 are the dates for Perkins County Health Services Health Fair 2013.

Each of the two days several tests will be available from 6-10 a.m.

There will be information booths and produce vendors, breakfast will be served, and a drawing will be held.

Enter the health fair at 912 Central Avenue in Grant where the specialty clinics are held and then follow the hallway to where tests are administered and vendors are set up.

Available will be: Free blood pressure, pulse monitoring, height, weight, body fat percentage, and tetanus shots.

Those attending can also receive blood tests (12-hour fasting required), discount coupon for a digital mammogram, bone density screening by appointment only (call 308-352-7215), coupon for \$50 savings on a future colonoscopy if turning 50 years old.

A drawing will be held for a one-year membership to Image Total Fitness sponsored by the fitness center and Perkins County Health Services.

Those entering the drawing must attend the health fair to be eligible.

Those with questions may call Shaun Meyer at 308-352-7289.

If you go

When: Friday and Saturday, April 19-20

Time: 6-10 a.m. MDT

Where: Specialty Clinic area of Perkins County Health Services

Breakfast Served

Drawing

Giveaways